

Lead Risk Assessment

	YES	NO	NOT SURE
1. Do you live in a house built before 1978?			
2. Do you spend a considerable amount of time in any other building that was built before 1978?			
3. Do you live in or spend a considerable amount of time in a building that has leaded glass window-panes?			
4. Do you live in the vicinity of a mine or factory that processes lead (or zinc) such as a smelter, paint factory, battery recycling plant, etc.?			
5. Do you live in the vicinity of a facility that uses lead such as a firing practice range, race track, small airport, etc.			
6. Have you ever lived or recently arrived from a foreign country such as China, India, Mexico, or a South American country?			
7. Do you or someone in your household have an occupation involving lead exposure such as recycling, plumbing, mining, auto body repair, welding, furniture refinishing, home renovating, etc. * *(A comprehensive list is available on page 52 of "Lead Babies".)			

	YES	NO	NOT SURE
<p>8. Do you or someone in your household have any hobbies that involve contact with lead such as jewelry making, glass art, fishing, etc.? *</p> <p>*(A comprehensive list is available on page 55 of "Lead Babies".)</p>			
<p>9. Do you use non-commercially made or imported pottery or ceramics?</p>			
<p>10. Do you use crystal or pewter dishes for eating, drinking, or storing food?</p>			
<p>11. Do you consume canned foods that are imported from foreign countries?</p>			
<p>12. Do you consume foods (candy, raisins, spices) imported from foreign countries? *</p> <p>*(A comprehensive list is available on page 55 of "Lead Babies".)</p>			
<p>13. Do you regularly consume vitamins or other supplements?</p>			
<p>14. Do you use department store brand cosmetics?</p>			
<p>15. Do you shop for bargains at "dollar stores", discounts and liquidation centers?</p>			

	YES	NO	NOT SURE
16. Do you have children who have toys that have not been checked against national recall lists?			
17. Do you have antique furniture in and around your home?			
18. Do you grow your own vegetables in your yard?			
19. Is the water you drink daily filtered?			
20. Do you or anyone living in your household have a history of lead poisoning or elevated lead blood levels?			
Total for each column:			

- ◆ **If you answered “NO”** to all of these questions, your risk for lead exposure is most likely low, unless you are in contact with a lead source not addressed here. We still recommend that you stay vigilant, especially if you have children, or if any of the above circumstances change.
- ◆ **If you answered “NOT SURE”** to any questions, determine as quickly as possible if the answer is YES or NO.
- ◆ **If you answered, “YES”** to even *one* of these questions, you are at risk for lead exposure and need to take action. Remember, there is no such thing as a “safe level” of lead exposure. *The more “yes” responses, the more urgent action is required!*

LEAD BABIES, by Joanna Cerazy and Dr. Sandra Cottingham, is an excellent resource for eliminating lead exposure. To obtain a copy, visit www.leadfreestore.com.